

ACTIVITIES

Your Antarctic experience begins as soon as your ship leaves port, with on-board lectures by the ship's specialist expedition staff on Antarctic history, geology, the birdlife and marine wildlife. Once you reach the sub-Antarctic islands or the mainland you will go ashore by Zodiac inflatables to walk amongst penguin rookeries, explore historic sites and visit scientific research stations. Some voyages offer the chance to camp overnight on the ice. The long daylight hours usually allow time for two or three activities per day (conditions permitting). Landings can be "wet" or "dry", so rubber boots and waterproof clothing is imperative. A reasonable level of agility is required, but the majority of activities are suitable for most travellers.

Some departures offer the option for more adventurous explorations such as kayaking, climbing, scuba diving and cross country skiing.



© Keith Gunnar

Up-close encounters with local wildlife

SHORE EXCURSIONS

Our voyages offer daily shore excursions that are uniquely equipped for the Antarctic environment, weather and wildlife. They provide opportunities to explore isolated shorelines, visit research stations, remote communities and encounter incredible wildlife.



© Stephen Cameron

Exploring by kayak

SEA KAYAKING

Kayaking is an inspiring way to explore Antarctica. Small groups paddle in amongst stunning bays and mountains of ice. View wildlife up close, led by an experienced guide.



© Alex Benwell

Unique camping experience!

CAMPING

Enjoy a night camping on the ice shelf of Antarctica. A select number of voyages offer camping ashore for one night. This is a very popular activity and a great way to experience the silence of the polar wilderness. All camping gear is provided.



© Claudio Surer

Zodiac excursion

ZODIACS

Weather permitting, we will spend a great deal of time exploring by Zodiac. All ships have a fleet of inflatable Zodiacs with outboard motors enabling us to travel in small groups from the ship to isolated shorelines and to cruise in amongst pristine bays and towering icebergs.



© Quark Expeditions

Cross country skiing excursion

CROSS COUNTRY SKIING

Cross country skiing allows us to traverse the inner remote regions of this vast white continent. Ski past spectacular scenery and enjoy rare Antarctic wildlife encounters.



© Quark Expeditions

Spectacular mountaineering

MOUNTAINEERING

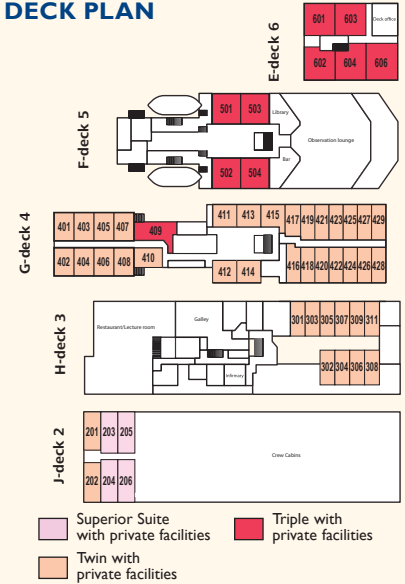
Ice climbing and mountaineering on this vast frozen continent is offered on select voyages. The opportunity for the keen adventurer to scale a peak on the Antarctica Peninsula will be an experience of a lifetime. All climbs are coordinated by the expedition team on board.



PLANCIUS

M/V Plancius was built in 1976, originally serving as a research vessel for the Royal Dutch Navy. The ice-strengthened ship has recently been refurbished to accommodate 112 passengers in modern and stylish cabins.

DECK PLAN



LYUBOV ORLOVA

A spacious and comfortable ice-strengthened vessel that accommodates 110 passengers. Built in the former republic of Yugoslavia in 1976, she underwent extensive renovations to the forward lounge, dining room and cabins in 2006.

DECK PLAN

